

# Soul Shake

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**Choregraphie par :** Fred Whitehouse (Ireland)

**Description :** 64 temps, 4 murs, Intermediaire, Août 2019

**Musique :** Soul Shake by Tommy Castro



Watch Video At: <https://youtu.be/pOqgK5HlzXk>

## Intro – 60 Count from start of track, on Lyrics

### [1-8] Grapevine L, Chasse L, Rock back, Recover

- 1-4 Step LF to L, step RF behind L, step LF to L, cross RF over L
- 5&6 Step LF to L, close RF next to L, step LF to L,
- 7,8 Rock RF behind L, recover on L

### [9-16] Monterey Turns x 2

- 1,2 Point RF to R, ¼ turn R closing RF next to L
- 3,4 Point LF to L, close LF next to R
- 5,6 Point RF to R, ¼ turn R closing RF next to L
- 7,8 Point LF to L, close LF next to R (Add Claps when you collect feet)

### [17-24] Rock Recover, Behind, Rock Recover, Behind, Side, Cross

- 1-4 Rock RF to R, recover on to L, step RF behind L, rock LF to L
- 5-8 Recover on to R, step LF behind R, step RF to R, cross LF over R

**[25-32] Stomp, Heel Toe Walk in x2**

- 1-4 Stomp RF forward to R diagonal, swivel L heel in, swivel L toe in, swivel L heel in  
5-8 Stomp LF forward to L diagonal, swivel R heel in, swivel R toe in, swivel R heel in

**[33-40] Twist R, Clap, Twist L, Clap**

- 1-4 Twist both heels to R, twist both toes to R, twist both heels to R, clap  
5-8 Repeat to L side (body ends on slight diagonal 1.30)

**[41-48] Toe Strut x2, Walk x 2, Step forward, Pivot ¼ Turn L**

- 1-4 Touch R toe forward, step R heel down, touch L toe forward, step L heel down (keep body on angle to R diagonal)  
5-8 Walk forward R, L, R, pivot ¼ turn R placing weight on L

**[49-56] Step Point, Step Scuff, Jazzbox**

- 1-4 Step RF forward, point LF to L, step LF forward, scuff RF forward  
5-8 Cross RF over L, step LF back, step RF to R, cross LF over R

**[57-64] Toe Heel x2, Step, Close, Heel Bounces x2**

- 1-4 Touch R toe to R, touch R heel to R, touch R toe to R, touch R heel to R  
5-8 Step RF forward, close LF next to R, bounce heels x2

**Smile, Let the music take control**

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